



US WADOKAI KARATEDO FEDERATION 2010 YMCA WADOKAI TOURNAMENT

Men • Women • Children
Individual Kata and Kumite

Sunday, April 25, 2010

9:00 am registration at the door, end at 9:30 am
9:15 am tournament starts with youth division

Oakland YMCA
2350 Broadway, Oakland, CA 94612

Tournament Chairman: Calvin Yee
Chief Judge: Mikhail Faiguenblat Tournament Director: Chris dos Remedios

Tournament Advisor: Yoshiaki Ajari

More info: www.uswadokai.org, www.ajariwadokai.com,
Yoshiaki Ajari 510-525-3631, Calvin Yee 415-515-3363, or Mikhail Faiguenblat 510-541-8357

DIVISIONS

Beginner:=1 year & Under Novice:=1-2 Years Intermediate:=2-3 Years Advanced:=+3 Years

Children & Youth	Level	Kata	Kumite	Adults	Level	Kata	Kumite
6 & Under Unisex	Beginner	K-1	S-1	Women 18+	Beginner	K-46	S-46
	Novice	K-2	S-2		Novice	K-47	S-47
Unisex 7	Beginner	K-3	S-3	Men 18+	Intermediate	K-48	S-48
	Novice	K-4	S-4		Advanced	K-49	S-49
	Intermediate	K-5	S-5		Beginner	K-50	S-50
8-9 Girls	Beginner	K-6	S-6	Women 35+	Novice	K-51	S-51
	Novice	K-7	S-7		Intermediate	K-52	S-52
	Intermediate	K-8	S-8		Advanced	K-53	S-53
	Advanced	K-9	S-9		Beginner	K-54	S-54
8-9 Boys	Beginner	K-10	S-10	Men 35+	Novice	K-55	S-55
	Novice	K-11	S-11		Intermediate	K-56	S-56
	Intermediate	K-12	S-12		Advanced	K-57	S-57
	Advanced	K-13	S-13		Beginner	K-58	S-58
10-11 Girls	Beginner	K-14	S-14	Women 45+	Novice	K-59	S-59
	Novice	K-15	S-15		Intermediate	K-60	S-60
	Intermediate	K-16	S-16		Advanced	K-61	S-61
	Advanced	K-17	S-17		Beginner	K-62	S-62
10-11 Boys	Beginner	K-18	S-18	Men 45+	Novice	K-63	S-63
	Novice	K-19	S-19		Intermediate	K-64	S-64
	Intermediate	K-20	S-20		Advanced	K-65	S-65
	Advanced	K-21	S-21		Beginner	K-66	S-66
12-13 Girls	Beginner	K-22	S-22		Novice	K-67	S-67
	Novice	K-23	S-23		Intermediate	K-68	S-68
	Intermediate	K-24	S-24		Advanced	K-69	S-69
	Advanced	K-25	S-25				
12-13 Boys	Beginner	K-26	S-26	Ajari Kumite			
	Novice	K-27	S-27	Age	Gender	Level	Division
	Intermediate	K-28	S-28	Under 10	Mixed	All	AK-1
	Advanced	K-29	S-29	10-13	Mixed	All	AK-2
14-15 Girls	Beginner	K-30	S-30	14-17	Mixed	All	AK-3
	Novice	K-31	S-31	18+	Mixed	All	AK-4
	Intermediate	K-32	S-32	Kihon Yakusoku Kumite			
	Advanced	K-33	S-33	Under 10	Mixed	All	KYK-1
14-15 Boys	Beginner	K-34	S-34	10-13	Mixed	All	KYK-2
	Novice	K-35	S-35	14-17	Mixed	All	KYK-3
	Intermediate	K-36	S-36	18+	Mixed	All	KYK-4
	Advanced	K-37	S-37	Tantoh Tori			
16-17 Girls	Beginner	K-38	S-38	All	Mixed	All	TAN-1
	Novice	K-39	S-39	Tachi Tori			
	Intermediate	K-40	S-40	All	Mixed	All	TACH-1
	Advanced	K-41	S-41				
16-17 Boys	Beginner	K-42	S-42				
	Novice	K-43	S-43				
	Intermediate	K-44	S-44				
	Advanced	K-45	S-45				

If less than 4 Competitors in any division, the tournament director reserves the right to merge divisions.

TOURNAMENT RULES

Admission for audience is **FREE**

KATA

1. All kata competitions are flags system.
2. May perform any Japanese or Okinawan kata. Beginner divisions can only perform basic kata (Ajari kata, Kihon kata, Gekisai, Taikyoku, etc.) or Pinan (Heian) 1 or 2.
3. Tiebreaker kata, if necessary, must be a different kata except for beginner division.

KUMITE: USANKF Rules (access online at www.usankf.org) with the following modifications:

1. Under 17 years old: all matches are 1.5 minutes stop time, 8 point ceiling (first to acquire 8 points wins).
2. Children 9 & under: face contact must be penalized.
3. Youth 10-17: face contact will not score and may be penalized.
4. Adults (18 and older): 2 minutes stop time, 8 point ceiling.
5. All rights and changes are reserved by the USWKF.

AJARI KUMITE

Perform any 3 without a partner

KIHON YAKUSOKU KUMITE, TANTOH TORI, TACHI TORI

Perform any 3 with a partner

REQUIRED EQUIPMENT FOR KATA DIVISIONS

White Karate Gi; for female competitors, **WHITE** T-shirt or sports bra under Karate Gi

REQUIRED EQUIPMENT FOR KUMITE DIVISIONS

White Karate Gi; for female competitors, **WHITE** T-shirt or sports bra under Karate Gi

Mouthguard

Groin cup for males

Red & Blue fist pads approved by WKF and USANKF; all others approved by Chief Judge
Belts will be provided at tournament

OPTIONAL EQUIPMENT FOR KUMITE DIVISIONS

Shin guards, instep protector
Chest protector for females, youth
Headgear for youth

AWARDS

Medals awarded for 1st, 2nd, and 3rd places in all divisions. Participation medals for children 9 and under in beginner and novice divisions.

JUDGES AND REFEREE ATTIRE

WKF or USANKF attire is recommended. Karate gi is permitted for judges who will compete (but not for referee).

US Wadokai Karatedo Federation does not discriminate on the basis of race, color, religion, national origin, sex, age, disability or marital status.

Tournament updates & list of pre-registrations at: www.uswadokai.org

INDIVIDUAL DIVISIONS REGISTRATION FORM

See separate sheet for division numbers.

DATE/TIME: Sunday April 25, 2010
Registration @ the door **starts** at 9:00 am, **ENDS** at 9:30 am.
Tournament starts @ 9:15 am

LOCATION: Oakland YMCA, 2350 Broadway, Oakland, CA 94612

RULES: Modified USANKF Rules

Contact info: Yoshiaki Ajari 510-525-3631, ajari@att.net
Mikhail Faiguenblat 510-541-8357, mikhailf@yahoo.com

PRE-REGISTRATION

(deadline April 18, 2010)

one division \$20
two divisions \$25
three divisions \$30

AT THE DOOR

(all events accepted)

one division \$25
two division \$30
three divisions \$35

TOTAL AMOUNT DUE \$ _____

Please make all checks payable to: USWKF

Kata division K-

Kumite division S-

Ajari Kumite division AK-

If less than 4 Competitors in any division, the tournament director reserves the right to merge divisions.

MAIL THIS FORM WITH PAYMENT TO:

USWKF
2010 YMCA Tournament
5929 San Diego St
El Cerrito, CA 94530

DEADLINE: April 18, 2010, postmark for pre-registration. **Do not mail after April 18, 2010.** Registration forms not received in time for processing means competitor **must register at the door.**

Please print or type below:

Name: _____ Age: _____ M / F Rank: _____

Home Address: _____ Birthdate: _____

City, State, Zip: _____ Phone: _____

Dojo/School: _____ Instructor: _____

I, _____, do hereby:

RELEASE, DISCHARGE AND COVENANT NOT TO SUE the **US WadoKai Karatedo Federation** and **Oakland YMCA** or their employees, officers, or agents, from any and all claims and liability arising out of ordinary negligence of US WadoKai or their employees officers or agents or any other participant associated with the Ajari Cup Tournament (hereinafter referred to as "Tournament"), or its activities or events which causes the undersigned injury, death, damages or property damage.

I understand that there is inherent danger in the activities associated with my participation in the Tournament, which I appreciate and voluntarily assume. I have inspected the equipment and all other items associated with the Tournament activities. I voluntarily agree to accept all risks connected with my participation in the Tournament and associated events.

All entries are final, no refund or credit will be given. I fully understand that any medical treatment given will be of first aid treatment type only. I consent that any pictures furnished by me or pictures/videos taken of me in connection with the Tournament can be used for publicity, promotion or television showing now or in the future, and I waive compensation in regard thereto. All participation in any event or class in this Tournament is by permission only. The Director or his authorized agent(s) reserve the right to refuse entry to any person, school, team or club.

PLEASE NOTE: All athletes must be covered by health or medical insurance in order to compete.

Statement of Health. By my and /or Parent/Guardian's signature below I confirm that I am in sound health and there is no reason why I cannot participate in this tournament.

I HAVE READ THIS DOCUMENT AND I UNDERSTAND THAT IT IS A RELEASE OF ALL CLAIMS. I UNDERSTAND AND ASSUME ALL RISK INHERENT IN ALL THE ACTIVITIES AND EVENTS IN CONNECTION WITH THE TOURNAMENT. I VOLUNTARILY SIGN MY NAME EVIDENCING MY ACCEPTANCE OF THE ABOVE PROVISIONS.

Date

Signature of Participant

Signature of Parent/Guardian (if under 18)

PARTNER DIVISIONS REGISTRATION FORM

ALL PARTICIPANTS IN THESE DIVISIONS MUST ALSO PARTICIPATE IN AT LEAST ONE INDIVIDUAL DIVISION

See separate sheet for division numbers.

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PRE-REGISTRATION

(deadline April 18, 2010)

one division \$10
two divisions \$20
three divisions \$30

AT THE DOOR

(all events accepted)

one division \$15
two division \$25
three divisions \$35

TOTAL AMOUNT DUE \$ _____

Please make all checks payable to: **USWKF**

Kihon Yakusoku Kumite division KYK-
Tantoh Tori division TAN-
Tachi Tori division TACH-

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Name: _____ Age: _____ M / F Rank: _____

Dojo/School: _____ Instructor: _____

We, undersigned, do hereby:

RELEASE, DISCHARGE AND COVENANT NOT TO SUE the **US WadoKai Karatedo Federation** and **Oakland YMCA** or their employees, officers, or agents, from any and all claims and liability arising out of ordinary negligence of US WadoKai or their employees officers or agents or any other participant associated with the Ajari Cup Tournament (hereinafter referred to as "Tournament"), or its activities or events which causes the undersigned injury, death, damages or property damage.

We understand that there is inherent danger in the activities associated with my participation in the Tournament, which I appreciate and voluntarily assume. I have inspected the equipment and all other items associated with the Tournament activities. I voluntarily agree to accept all risks connected with my participation in the Tournament and associated events.

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Date Signature of Participant Signature of Parent/Guardian (if under 18)

Date Signature of Participant Signature of Parent/Guardian (if under 18)